



Building Faces Building Futures

Despite, or in perhaps in spite of, a difficult year in the face of COVID 19, we have continued to achieve our aims. Our focus remains on training and support of cleft and craniomaxillofacial professionals. In order to achieve best surgical outcomes and providing best care for patients, we have continued to provide training grants for individuals. However, our main focus this year has been towards developing a major new facility in Nepal. Great progress has and continues to be made

Activity at the Craniofacial Centre was hit hard due to lockdowns in Janakpur Province, reducing service provision to emergency trauma only between April and the end of September. A few camps (outreach health programmes) were conducted



New appointments to the Craniofacial Centre

At the end of 2019, due to concerns about management and levels of activity, we said goodbye to all our staff with the exception of the ever faithful and dedicated Dr Rishi and our inpatient nursing staff.

At the beginning of 2020, we made several new appointments:

Dr Rishi, having been an unpaid employee since the centre started in 2017, has now become a fully paid up member of staff and has taken on the role of Centre Manager and Senior Surgeon

We welcomed Dr Zaid Kahn, a surgeon trained in Hyderabad, India, who was appointed as Chief Surgeon

We also welcomed Dr Tarannum Bano as our Dental Officer.

We have a new Liaison Officer, Outpatient nurse and Accountant.

All in all, we have a smaller but more outstanding team



Third International Conference

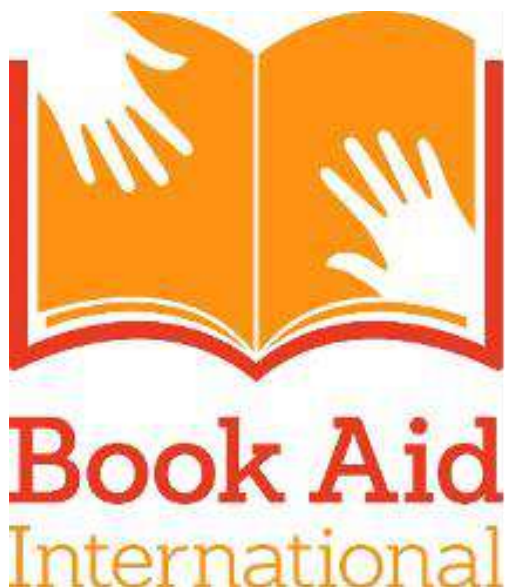
In March, we held another Conference, a truly international affair with speakers from New Zealand - Les Snape and Dr Ruth Spearing, India - Dr Jayanth Kesave, UK - Drs Sunil Sah, Abdul Ahmed, Abdul Delagous and Sami Farouk and Mark Shaw, a former RAMC Medic now working with UK-MED, Darren Netherwood, Sunil's friend and construction advisor. Thanks to all for their wonderful input



Over two days, the first purely craniomaxillofacial and the second, jointly with the orthopaedic centre, there many great lectures and demonstrations, including life support training for the local police force and paramedics. During this period, apart from lecturing, Dr Jayanth carried out a number of cleft procedures and Abdul Ahmed some tumour resections.

Medical Library

Thanks to magnificent donation from Book Aid International, we have continued to build a major resource not only for the Craniofacial Centre but also for the medical community in Janakpur. We are most grateful to them and to Kevin Bailey of Intouch Global who not only introduced us to the organisation but has continued to fund transport of several heavy consignments from London to Nepal



Lockdown due to COVID 19

Lockdown came very abruptly. Thanks to another generous donation for Intouch Global Foundation, we were able to provide food parcels and essential PPE, as well as advice on how to stay safe during the pandemic to local patients who came to the centre

During lockdown, Dr Bano (on the right) was interviewed on a national radio station about our work by a local journalist who had recently brought a patient with a cleft to the centre



Normal service resumed at the end of September



Weekly Camp in Province 2

The camps are now on a regular and firm footing, covering the entire province. On each, a surgeon, a dentist, a nurse and our liaison officer /social worker spend a day, or if they are at a greater distance from Janakpur, two days, working. We have developed a simple database, which collects demographic data, records activities carried out and identifies people who need more specialised treatment at the centre. We ideally need a mobile dental clinic to simplify the travels and travails.



Plans for new hospital

Thanks to the vision and cooperation of Professor Ram Shah, the current services are provided from the Janakpur Trauma and Orthopaedic hospital with whom we are very fortunate to be able to share facilities, significantly upgraded by ourselves.



However, it is slightly out of town and in an area difficult to find for patients to find. A new house to accommodate visiting staff has been under construction in a more convenient and easier to find location. With some modification, we decided this house could become a new purpose built hospital. Over the last three months, we have added to the original three storey building, a two floor operating theatre blocks and a fourth floor on to the main building.



Thanks to another very large funding from Intouch Global Foundation, all is proceeding well and we are hopeful that the building will be operational at the beginning of March 2021. Most of the equipment at the current hospital will be transferred but some additional items will need to be sourced.

Ongoing training and support activity

Keeping up with the Zoom culture of lockdown, we have had monthly webinars on diverse subjects ranging from head and neck oncology, temporomandibular joint problems and orthognathic surgery. So far, we have been very fortunate to have had distinguished speakers from the UK, Spain, Germany, New Zealand and India and audiences from almost every corner of the world as well as our trainees in Janakpur

CRANIOFACIAL CENTER NEPAL
Live Webinar Series on
"Orthognathic Surgery"

12th September, 2020
11:00 (LONDON)
15:45 (KATHMANDU)
15:30 (INDIA)

Agenda	Duration
Basics of Orthognathic Surgery	20 minutes
Advanced planning for Orthognathic Surgery	20 minutes
Orthognathic Surgery cases	20 minutes

SPEAKERS

- Prof. Leslie Szabo (New Zealand)
- Prof. Fernando Garcia Medina (Spain)
- Mr. Surell Sah (UK)

MODERATOR

- Prof. Tony Markon

PLEASE FEEL FREE TO CONTACT US AT:
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Whilst our main efforts have been concentrated this year in Nepal, we have continued to make grants to international trainees in support further specialist craniomaxillofacial training.

We have been fortunate to secure funding from the **European Association of Craniofacial Surgeons** for trainees from Nepal to spend time in Europe, at three centres – Madrid, East Grinstead and Wakefield. Surgeons from the European centres will continue to visit Janakpur to train local staff

CRANIOFACIAL CENTER NEPAL
Live Webinar Series on
"Advances in TMJ Surgery"

Webinar Link- <https://us02web.zoom.us/j/9703279332?pwd=c0k0YXhRcDhwVjZLMWxvNHUvaXBBDQ09>
Meeting Id- 970 327 9332
Password- CFCNEPAL

10th October, 2020
14:00 (LONDON)
18:45 (NEPAL)
18:30 (INDIA)

Agenda	Duration
Arthrocentesis and Arthroscopy of the TMJ: How do I do them	30 minutes
Open TMJ Surgery with TMJ Replacement	30 minutes
Discussion	20 minutes

SPEAKERS

- Prof. Rafael Martin-Gonzalez (Madrid, SPAIN)
- Prof. Andrew Sidebottom (Nottingham, UK)
- Prof. Tony Markon
- Mr. Sunil Sah

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It is with deep sadness that we record the deaths of two wonderful people

Dr Hirji Adenwalla, one of the worlds most recognised and respected cleft surgeons.

Dr Adenwalla was a well-known and much-loved surgeon, distinguished for his expertise as a cleft surgeon. He died on the 27th May 2020, a few days before his 90th birthday. He worked from 1959 till shortly before his death, at the Jubilee Mission Hospital, Trichur, Kerala, South India.

To the exclusion of all other surgical practice, except the occasional older patient who he might have treated in the distant past and who would not see anybody else, he spent more and more time treating patients with clefts. In honour of one his great mentors, the centre was named the Charles Pinto Centre for Cleft Lip and Palate. When asked if by restricting himself to this 'narrow field' he got bored working day after day, his answer was "those of us who work with these children are deeply affected by the pathos of these children's lives and the distress their families go through. When all is done and this child looks good and speaks well the reward is beyond compare. Besides if perfection is your goal than nothing can be more challenging than a wide cleft lip and palate. Perfection eludes the craftsman, and since this love affair is never consummated it never dies" These sentiments absolutely typify this extraordinary man and are worthwhile pointers for those working at the CFC in Janakpur



He became their first partner of Smile Train in India in 2001. and as a result of their significant and continuing support was able to develop a service second to none.

Mr Richard Morris, British Ambassador to Nepal till 2019 was found dead near his home in Hampshire in June 2020.

We had the pleasure of meeting this distinguished diplomat on several occasions. On one such visit to the Embassy with our Spanish colleagues they were astonished when he suddenly started to speak with them in Spanish. A great diplomatic masterstroke. We were grateful for his support and for pointing us in the right direction in the country he came to know so well and love.



We are really grateful for all
the support we have received
this year
And wish everybody a happy
and healthy 2021

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